



10 MOST SERIOUS MISTAKES SMART SINGLES MAKE WHEN FALLING IN LOVE

BY ANDY WHALING & THE DATING SINGLES OF SINGLES DIRECTIONS

Each Sunday up to 140 people in Pasadena, California gather. This group of single men and women in their thirties, forties and fifties meet to work on relationship skills, meet other singles and share life experiences through Andy's group *Single Directions*. Sunday March 9, 2003 the group collectively combined their life experiences and voted on over 30 different mistakes adults learn through the school of dating hard knocks. From their voting they drew up this list.

Take a look. If you are in a relationship that seems to have stalled or you can't seem to get past that 3 or 6 month mark, you may find the reason (thus providing the solution) below.



1. Creating a relationship without also building a friendship.

Getting deeply involved and never taking time to get to know your partner or care about what really matters to him or her.

2. Not being honest about how you really feel, what you want or what really bothers you. Instead you:

- Pretend there are no problems and go along with things.*
- "Walk on Eggshells" or stuff your feelings instead of doing what's hard: resolving issues or leaving.*

3. Not taking care of yourself before, during and after "The Relationship."

4. Depending on your partner for your happiness instead of establishing your own life.

- Expecting the other person to make your life wonderful and complete.*
- Putting everything into & building your whole life around just one person.*

5. Forgetting that true love takes time: *Starting too fast -or- Leaving too soon.*

6. Expending all your energy on creating romance or focusing on sex rather than working on the relationship.

7. Searching for love without knowing what you need or want.

8. Believing that if the sex is good everything else will work out.

9. Relying on first impressions to make your choices and predetermining your expectations.

10. Failing to discover what went wrong in your last relationship and therefore making the same mistake again.